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## TECHNICAL NOTE

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# CHARACTERIZATION OF CONSTRAINED AGED NiTi STRIPS FOR USING IN ARTIFICIAL MUSCLE ACTUATORS

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**Abstract** Marvelous bending/straightening effects of two-way shape memory alloy (TWSMA) help their employment in design and manufacturing of new medical appliances. Constrained ageing with bending load scheme can induce two-way shape memory effect (TWSME). Scanning electron microscopic (SEM) analysis, electrical resistivity measurement (ERM) and differential scanning calorimetry (DSC) are employed to determine the property change due to flat strip constrained aging. Results show that flat-annealing prior to the aging shifts NiTi transformations temperatures to higher values. Superelastic behavior of the as-received/flat-annealed/aged samples with more adequate transition temperatures due to biological tissue replacement is studied by three-point flexural tests. Results show that curing changes the transition points of the NiTi strips. These changes affect the shape memory behavior of the NiTi strips embedded within the biocompatible flexible composite segments.

**Keywords** Annealing, Constrained ageing, TWSME, Artificial muscles

**چکیده** خم و راست شدن حیرت انگیز آلیاژ با حافظه‌داری دوطرفه کاربرد آن را برای طراحی و ساخت ابزارآلات پزشکی مساعد ساخته است. پیری تحت نیرو فرآیندی است که می‌تواند در نوارهای NiTi مورد استفاده در نمونه‌های ماهیچه مصنوعی اثر حافظه‌داری دوطرفه ایجاد نماید. در پژوهش حاضر اثر تنش بر ریزساختار و رفتار حافظه‌داری نوار NiTi با استفاده از آزمون‌های SEM، مقاومت الکتریکی و DSC مورد ارزیابی قرار گرفت. رفتار سوپرااستیک (ابر کش‌سان) نمونه‌های خام، آنیل شده و پیر شده نیز با استفاده از آزمون خمش سه نقطه‌ای سنجیده شد. نتایج نشان داد که آنیل کردن تحت نیرو قبل از فرآیند پیری می‌تواند دماهای استحاله را افزایش دهد. همچنین دماهای تغییر حالت آلیاژ تحت تاثیر فرآیند پخت برای جابگزین‌های بافت‌های بیولوژیکی مناسب تر می‌شود. این تغییرات می‌تواند برای اصلاح رفتار نوارهای NiTi محاط در قطعات کامپوزیتی منعطف زیست سازگار مورد توجه قرار گیرد.

## 1. INTRODUCTION

Three decades has past from the NiTi shape memory alloy (SMA) industrial/scientific introduction as an attractive smart functional material [1]. Exhibition of shape memory behavior (SME) [2], superelastic (SE) effect [3], corrosion resistance [4] and biocompatibility [5] attract many

medical applications [6-11].

SME is a reversible thermoelastic behavior that transforms monoclinic martensitic phase into BCC (CsCl-like) austenitic phase [12]. In some special situations of heat treatment processes and the alloy compositions, existence of an intermediate phase (R-phase) with a trigonal structure is not inevitable [12-14].

Another phenomenon related to a shape recovery by an unloading cycle at a particular temperature is known as pseudoelastic. This effect is of concern to a reversible microstructural deformation mechanism that generates a phase named stress induced martensite [15].

Using NiTi alloys in thermal actuators is one of their important applications [9]. The actuators have industrial [16] and also medical [10] uses. In order to manufacture smart and flexible composites, SMAs actuators are sometimes embedded into a different polymeric Matrix.

Compounding SME of NiTi strips with viscoelastic behavior of well known biocompatibility of silicone can lead to invention of a smart composite usable for manufacturing of artificial muscles [17]. In this application performing two-way SME (TWSME) in the metal strips is necessary. The effect occurs through different thermomechanical treatments [16-20]. For example, Gyobu et al. [20] have suggested that TWSME occurred by constrained ageing. The recent technique was used for inducing the effect.

Most of TWSME induced medical devices that are topics of a number of articles function in bending [19], so the load scheme that was chosen in this present research was bending. Alloy compositions and the conditions of heat treatment are the key factors influencing this property [16].

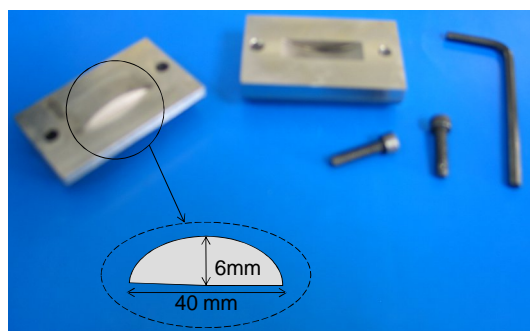
In the present work, a constrained ageing after flat annealing under stress and stress-free conditions order to verify the effect of load in the annealing stage on transformation temperatures were investigated. SE behavior and SME of the sample with more suitable transition temperatures for using in medical implants also were investigated before embedding in a silicone matrix.

Recently many articles have been published about some parameters affecting the functionality of NiTi-polymer smart composites, specially regarding the adhesion strength in the interface [21-27]. However, little work has been reported on the effect of curing treatment on shape memory properties of the SMA compounds [17,28]. Therefore, SME of the suitable sample was studied after the curing treatment.

## 2. MATERIALS AND EXPERIMENTS

Investigations have been carried out on strips with

dimensions 40mm×2mm×0.77mm cut from flat oxide-free surface of superelastic NiTi purchased from Memory Metalle, Germany. Two sets of samples were studied: one (group 1) in a quartz glass tube under vacuum ( $10^{-6}$  torr), and another (group 2) under constrained form (held between two 1 centimeter thick steel plates which were screwed to each other tightly.). Both sets were solution annealed at 850 °C in an uncontrolled atmosphere furnace for 60 minutes, water quenched, and subsequently constrained aged at 450 °C for 480 minutes in a steel mould (Fig. 1). Local composition measurements were made by an EDS system (Rontec, Germany). Specimens for metallographic investigations were cut from the strips and ground on SiC-paper to a final mesh size of 1200 and polished. The samples were etched in a solution containing HF:HNO<sub>3</sub>:H<sub>2</sub>O= 1:4:5 for study under scanning electron microscope (SE, VEGA/TESCAN, Czech and BSD, Oxford, UK.).



**Figure 1.** Steel mold used for constrained aging

Differential Scanning Calorimetry (DSC; NETSCH, Germany) with cooling/heating rate of 10 °C/min in the range of -100 and +100 °C was performed for calculating the transformation temperatures of the samples. Electrical resistance (ER) of the strips was measured by a four probe set-up constructed for this research. The precision of the set-up was  $\pm 0.1 \mu\Omega$ .mm. The data obtained were directly sent to a computer via an A/D electronic system for further investigation. In order to study temperature dependence of the resistivity of NiTi, all samples were cooled down to -80 °C and heated up to 80 °C cyclically at each test. All

the specimens were washed out with the acid solution ( $4\text{HNO}_3 + \text{HF} + 5\text{H}_2\text{O}$ ) before the test to remove any residual surface oxide layer.

Three point flexural tests were performed at a deformation rate of 8 mm/min (Instron, model 6029 as shown in Fig. 2).



(a)



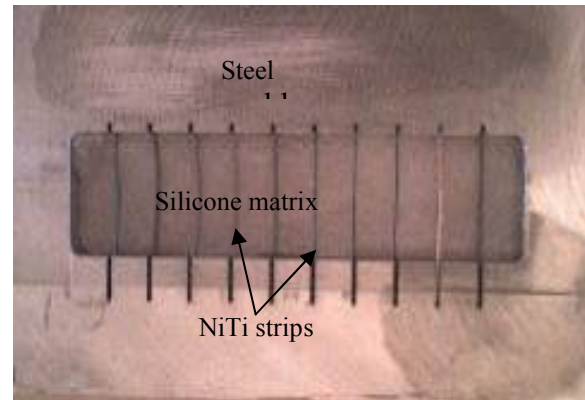
(b)

**Figure 2.** Three point flexural test during: (a) loading and (b) unloading situation

Commercial Elastosil 401/60 supplied by Wacker, Germany, was employed as silicone matrix. This material was mixed with 0.7% Dicumyl peroxide (98%) as curing agent at 50 °C by polymix 200 (Schwabenthan, U.K.) in order to obtain a transparent uniform mixture. NiTi strips were embedded into a silicone blocks. The blocks were then pressed up to 150 bar at 170 °C for 20 minutes. The polymer embedding steel mold is shown in Fig. 3. The block was subsequently post cured at 200 °C for 240 minutes in a preheated

oven.

Pull-out tests were conducted with Gotech tensile testing machine(TCS2000, Taiwan) to evaluate the influence of shape memory behavior on adhesion strength of the alloy to the silicone matrix. A loading rate of 5 mm/min was used for all samples. Average of four measurements was attributed to each sample-strength data point.

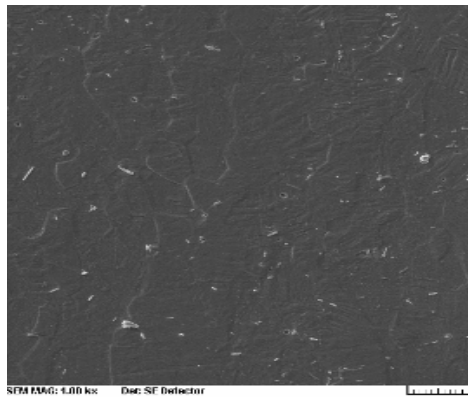


**Figure 3.** Block of silicone-embedding NiTi strips in the steel mold.

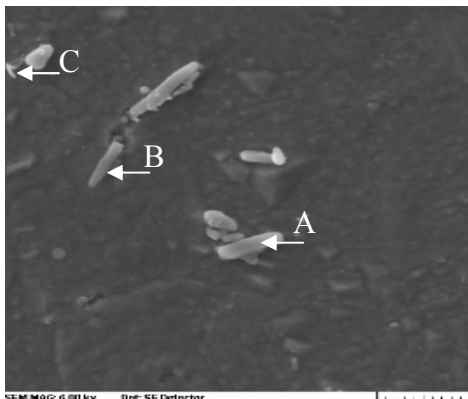
### 3. RESULTS AND DISCUSSION

Fig. 4a shows the microstructure of the as-received alloy. It is completely in austenite phase form. The EDS quantitative analysis result of atomic composition of the alloy was Ti–49.53 at.% Ni. The alloy includes some precipitates with different shapes shown in Fig. 4b pointed out as A, B and C. EDS analysis shows that the precipitates are Ti and C-rich, which can be identified as titanium carbides. Presence of TiC particles in the alloy may be attributed to the reaction between the molten titanium and the graphite crucible [29] in the manufacturing process of the as-received NiTi alloy.

The strips were solution annealed at 850 °C for 60 minutes to memorize a flat shape which is recovered in the low temperatures (about 37 °C and lower). At lower annealing temperatures the shape memory effect is weak [30], so 850 °C was chosen as flat annealed temperature. Annealing provokes softening processes of the rolled as-received metal including stress relaxation and recrystallization of austenite and performs a simpler possibility for regulating the shape memory properties [19].



(a)



(b)

**Figure 4.** SEM micrographs of the as-received alloy with magnifications: (a) 1000x and (b) 6000x.

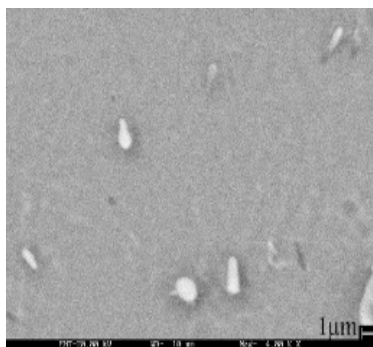
Fig. 5 shows the BSD micrographs of solution treated specimen of group 1 (S) and aged specimens chosen from group 1 (A1) and 2 (A2) specimens. The microstructure of the specimen (S) is predominantly NiTi phase including some of the

metal precipitates. The result of the atomic composition from the EDS quantitative analysis in Fig. 4a was Ti-49.79 at. % Ni for the matrix and the precipitates are also identified as titanium carbide.

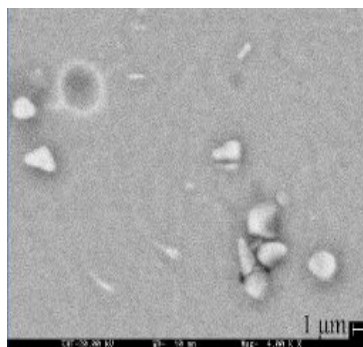
Fig. 6 shows the results of ER measurements for as-received alloy, specimens S and A1. The transformation temperatures achieved of ER curves are shown in Table 1. One can find that the austenite transformation temperatures of specimen S decrease comparing to as-received one (Fig. 6a and 6b). It may be due to different amounts of Ni in the samples. Increasing the amount of Ni in the matrix decreases the temperatures [30]. The transformation temperatures of the as-received alloy are also low because of carbon and oxygen impurities [31].

Specimens A1 and A2 are the specimens which were constrained aged in the steel mould. The heat treatment was done on strips to memorize a curve shape which is recovered in the high temperatures (higher than 37 °C). The constrained aging of the strips performed two way shape memory effect in them. The schematic of the effect of heat (in force free conditions) is shown in Fig. 7.

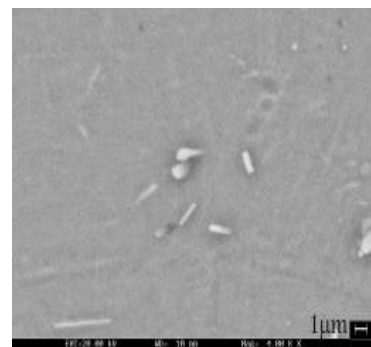
The results of EDS analysis of A1 show a reduction in Ni content of the matrix (about 2.87% reduction to S). Reduction of Ni content makes a sharp increase in its transformation temperatures (Fig. 6c and Table 1). Annealing under load with higher cooling rate in specimen A2 makes the precipitates smaller (Figs. 5b and 5c). Fig. 8 shows the result of DSC measurement for the A2 specimen and Table 1 reports its transformation temperatures.



(a)

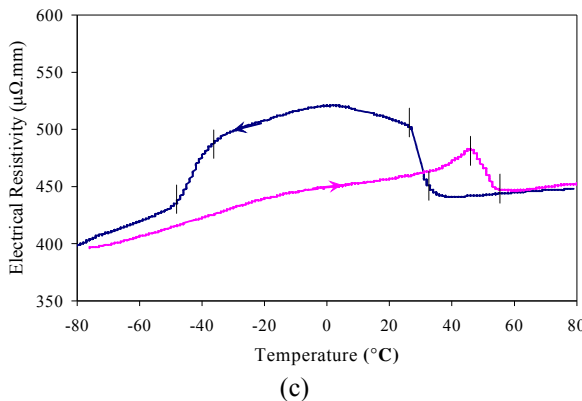
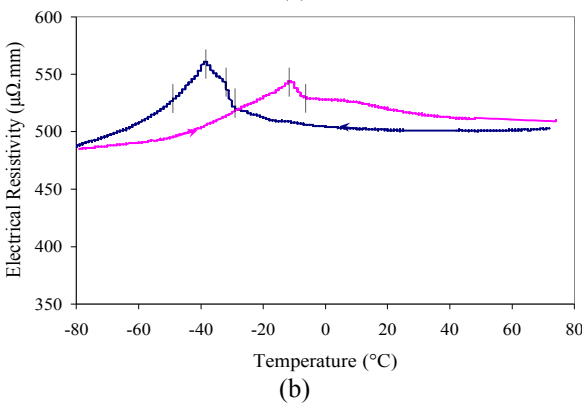
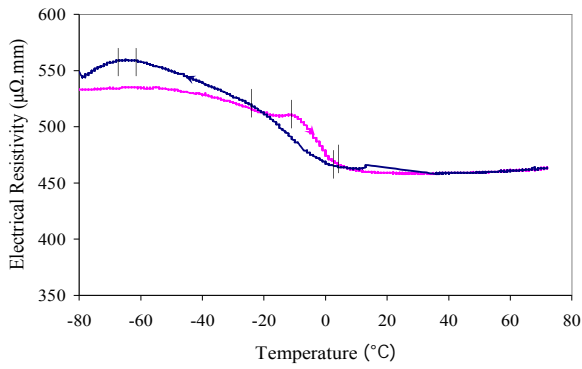


(b)



(c)

**Figure 5.** BSD micrographs of: (a) S, (b) A1 and (c) A2 specimens

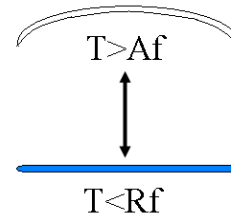


**Figure 6.** Electrical resistivity vs. temperature curves of: (a) as-received, (b) S and (c) A1 strips

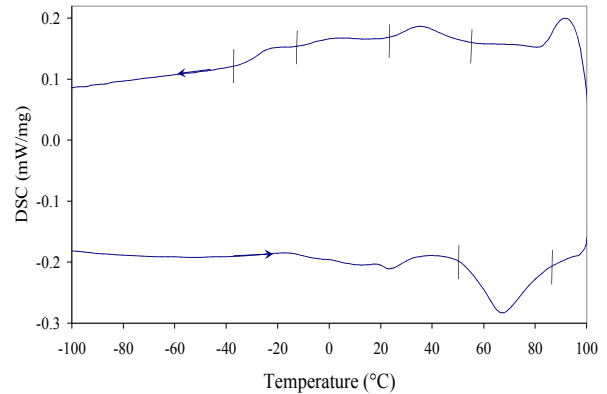
**TABLE 1.** Transformation temperatures of the as-received alloy, samples S, A1 and A2.

Strip	Transition Temperatures (°C)					
	A <sub>s</sub>	A <sub>f</sub>	R <sub>s</sub>	R <sub>f</sub>	M <sub>s</sub>	M <sub>f</sub>
As-received	-10	3	1	-23	-61	-68
S	-11	-6	-30	-32	-39	-49
S*	-15	0	-20	-42	-47	-59
A1	47	55	37	27	-32	-48
A1*	25	47	38	27	-34	-48
A2	52	87	57	-	-	-35

\*After curing treatment.



**Figure 7.** Schematic of TWSME

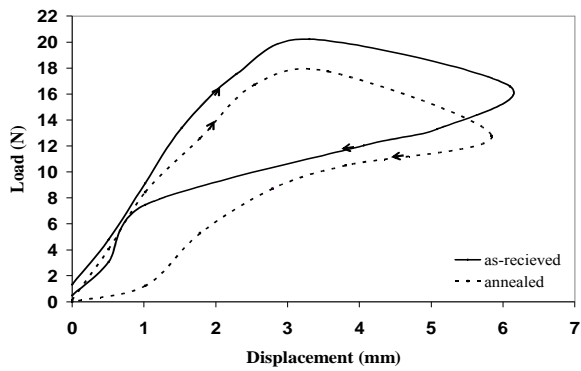


**Figure 8.** DSC curve of A2 alloy.

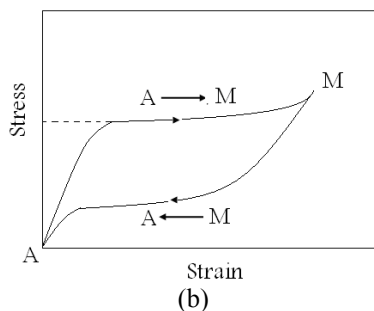
Aging at temperatures lower than 500°C often exhibits R-phase transformation before martensitic transformation, and the hysteresis is smaller than 10°C, and R-phase transformation is often used to realize the actuation function [32]. Larger precipitates because of higher dislocation density make the situation adjutant performing R-phase in lower temperatures [33] (A1 compared to A2). It is obvious that annealing under load before ageing makes the transition temperatures higher.

The starting and the finishing temperatures of R-phase and austenite phase transformations of specimen A1 are more suitable for medical applications, so the results of the following tests are reported about the as-received, S and A1 strips.

The results of flexural three point bending tests have been presented in Figs. 9 & 10 and Table 2. Fig. 9a shows the load-displacement curves of the as-received and the solution annealed samples. They are superelastic at room temperature. This effect describes material strains that are recovered isothermally to yield a mechanical shape memory behavior. The phenomenon is essentially the same as the thermal shape memory effect, although the phase transformation to austenite (A<sub>f</sub>) occurs at



(a)



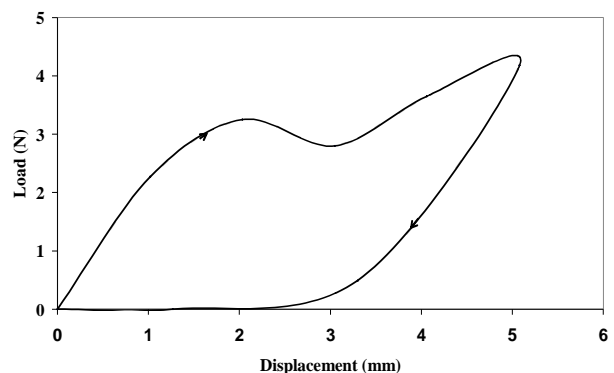
(b)

**Figure 9.** (a) Load vs. Displacement curves of as-received and the annealed (S) specimens and (b) stress vs. strain curve of a typical superelastic alloy with a perfect luder-type deformation during

temperatures below the expected operating temperature. If the austenite phase is strained with an applied load, a martensite phase is stress – induced and the twinning process occurs as if the material has been cooled to its martensitic temperature. When the applied load is removed, the material inherently prefers the austenite phase at the operating temperature and its strain is instantly recovered [34]. Both samples, as-received and S alloys, showed complete pseudoelastic recovery after pre-deformation to about 2.87% in bending (6mm deflection of the center of the strip) at room temperature. Perfect Luder-type deformation during A↔M (such as it is shown in

Fig. 9b) transformation on both loading and unloading because of low strain did not occur. The critical stress for the forward and the reverse transformations were lowered after the free annealing treatment, whereas the pseudoelastic hysteresis appeared to remain unchanged.

At room temperature, the aged sample (A1) is in the R-phase state. Fig. 10 shows load-displacement curve of this sample. If the alloy is in the martensitic state at room temperature, force-displacement curves and similarly the res curves, can be divided into four sections: (1) an initial elastic region; (2) a pseudoplastic region which is associated with untwining of a martensitic structure and coalescence of martensitic variants; the more extended pseudoplastic region, the higher is the useable shape memory effect; (3) an increase of stress due to the elastic straining of the untwined martensite; and finally (4) a region where the untwined martensite deforms plastically [35]. R-phase is like martensite phase, so curve shown in Fig. 10 has the same behavior.



**Figure 10.** Load vs. Displacement curve of the aged sample (A1).

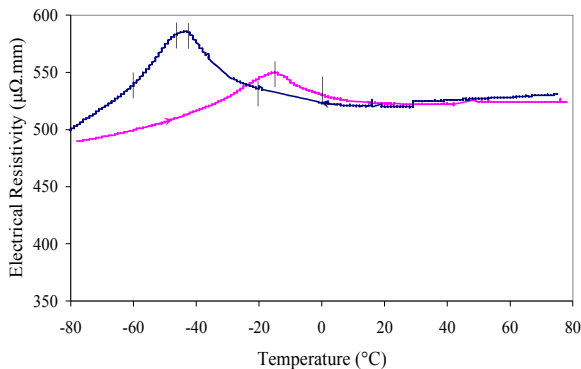
Comparing Figs. 9 and 10 shows that the critical stress decreases in aged sample. It is predominantly related to the increase of the transformation temperatures [36].

Results of ER measurements for strips S and

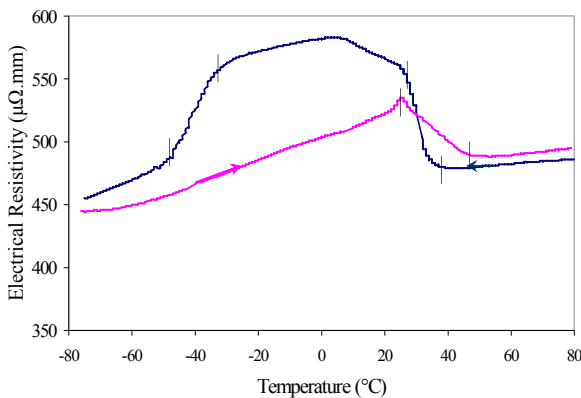
**TABLE 2.** Results of three flexural bending test.

Strip	Displacement at yield (mm)	Strain at yield	Load at yield (N)	Stress at yield (MPa)	Modulus (GPa)
As-received	3.402	0.0159	20.3	751.9	68.930
S	3.649	0.0178	32	741.6	75.000
A1	4.823	0.0215	4.2	163.1	26.580

Al after curing treatment and pulling out from polymeric matrix are shown in Fig. 11.



(a)

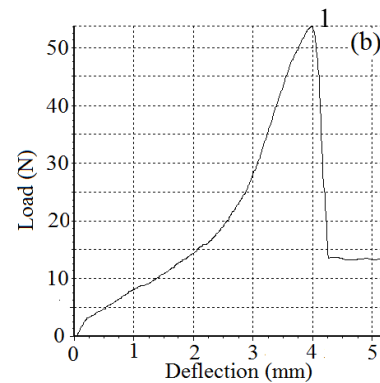
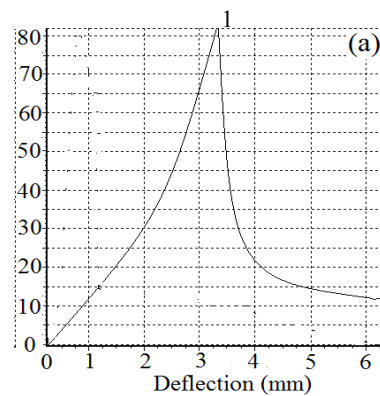


(b)

**Figure 11.** Electrical resistivity vs. temperature curves of: (a) S and (c) A1 strips after pulling out from polymeric matrix

One can find that the curing treatment changes the transformation temperatures of the strips by increasing  $A_f$  during heating and decreasing  $R_f$  during cooling about S alloy ( $A_f$  and  $R_f$  are the important temperatures in artificial muscles actuators). Two factors, heat and pressure, during the process make the changes. Alloy A1 began to bend for shape recovering during the curing treatment, because of increasing the temperature. But the imposed pressure from the matrix prevented from complete shape recovery. In such situations some stresses would be created. Due to the stress, the martensitic transformation is different from that in a free condition [37]. When polymeric matrix became cold the SMA strips became flat and some debonding took place along

the interface and also the transformation temperature decrease during cooling. Zheng and et al. (37) indicate that a pre-strain SMA alloy will transform the self accommodating martensite (SAM) into preferentially oriented martensite (POM). If the alloy is heated to about  $A_f$ , the POM cannot completely transform into parent phase and during cooling the performed parent phase cannot transform completely into POM either. So the bended strips remained in curved shape at room temperature and the pulling out force became larger than the flat form from 80.85 N to 51.64 N (comparing S and A1 strip pulling out force in typical load/elongation curve shown in Fig. 12).



**Figure 12.** Typical load–deflection curves of the NiTi strip types : (a) S & (b) A1. Points 1 represents the maximum adhesion force between the strips to the polymeric mat

#### 4. CONCLUSIONS

Flat annealing under force before ageing made the existing precipitates in the alloy smaller. So, lower dislocation density made the situation adjutant performing R-phase in higher temperatures. The

other transition temperature also became higher and not suitable for artificial muscular actuators.

Compounding NiTi strips with silicone matrix for using in artificial muscles changed their SME behavior because of curing treatment of the polymeric matrix. It increases the heat and decreases the chill needed for recovering the parent and R-phase shapes. According to above concepts, affection is needed.

Bent shape of strips increases the pulling-out force.

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